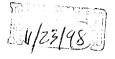


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November 20, 1998

Office of Special Nutritional (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C. St. S.W. Washington, DC 20204

Notice of Descriptive Claim

Text of description claims:

- 1) Coats and soothes the throat
- 2) Echinacea and Golden Seal help boost immune system

Name of dietary ingredient that is the subject of the statements:

- 1) Slippery Elm
- 2) Echinacea, Golden Seal

Brand name of dietary supplement:

Instant Release Throat Helper

I certify that this information presented and contained in this notice is accurate.

Continental Vitamin Company, Inc.

4510 South Boyle Ave.

Vernon, CA 90058

2446 LET2771

97S - 0162